

January 2017

Dear Riders, Parents, Caregivers, Teachers:

It's time to begin looking at your calendars and plan for the 2017 Riding Season. North Country RIDE will again offer four six-week sessions. We accept riders ages 4 and up. Please read, complete, sign, and return the following forms (retain this checklist for your records):

- Scheduling Form
- Participant Application and Health History
- Participant Medical Information/Physician Statement *Physician statement is required every year.*
- Participant Release Form/Demographic Information

The forms are available on our web site www.northcountryride.com or can they can be mailed to you. Please request forms with an email including your address or call the office.

All forms and signatures must be on file before classes will be scheduled. Medical forms can be faxed to: 218-879-7609

The cost per six week session is \$150.00, which needs to be received to guarantee your spot. Scholarship forms must be included with application and include required financial information.

All riders must dress appropriately for their riding classes. Riders must wear pants (not shorts or dresses), and clothing appropriate for the weather (jackets, gloves, rain coats, etc.). All riders must have closed toe shoes. The best shoes for a riding class are riding boots with a heel. If you do not have riding boots, please wear tennis shoes, hiking boots, or work boots.

The following footwear not allowed and, if worn, the rider will not be allowed to ride: sandals, Crocs, Keens, slippers, Ugg boots, dress shoes or flip flops. Please remember sunscreen and bug spray as needed.

We are looking forward to another great year at North Country RIDE and seeing our friends again. I hope our website will answer most of your questions but if not, please call us at (218) 879-7608.

Sincerely,

Anne Deignan
Executive Director

“A community where all people facing life challenges can find growth and healing through a Connection with horses”

